

# Sermon Discussion Guide

February 19, 2023

*God Breaks the Law*

Matthew 11:28-12:14

## Responses & Reactions

- What disturbed you, challenged you, or intrigued you in this week's message?

## Digging Deeper

- What are some examples of how the church today makes the same mistake as the Pharisees in Jesus' day, prioritizing the rules over the reasons?
  - *Facilitation note: Encourage people not to take "cheap shots" by asking them to actually name what they think the true reason for the rule is. What reason needs to be honored here?*
- Are there any teachings or commands of Jesus that you struggle to discern the reason for?
- What kinds of 'structures' help create freedom? What kinds of 'containers' help us receive God's goodness?

## Bringing it Home

- Have you ever tried fasting from something before? What was that experience like? What did you learn?
- What practice of fasting or embracing will you take on during Lent to make space for greater love or freedom?